

2023 Nordiq Canada Selection Trials & Nordiq Cup (COC)

Day 5 - Interval Start - FT

Saturday, January 21, 2023

category	start time	ra	distance	skiers	run time	finish	course	other
Race Office open	8:00	to	16:00					
TD Inspection	8:00							
Jury Meeting	9:00							
Comp courses closed	9:55		use alternate warmup trails					
Open Women	10:00	1	10.0	71	58	10:57	2 x 5 k blue	Volunteer Lunches Ready at 11:00
Open Men	11:15	2	10.0	85	61	12:16	2 x 5 k blue	Cash, Medals, Merchandise
Awards - Women	11:30							Cash, Medals, Merchandise
Awards - Men & Farewell	12:45			156				Cash, Medals, Merchandise
FREE Reception at UNBC	18:30		21:00					