

2023 Nordiq Canada Selection Trials & Nordiq Cup (COC)

Day 2 - Individual Sprints - CT

Wednesday, January 18, 2023

category	start time	ra	distance	skiers	run time	finish	course	other
Race Office open	7:30	to	16:00					
TD Inspection	7:30							
Jury Meeting	8:00							
Bib Pickup - Race Office	8:00		9:00					
Comp courses closed	8:55		use alternate warmup trails					
Open Women Qualifier	9:00	1	1.1	71	23	9:22	1.1 Sprint	
Open Men Qualifier	9:27	2	1.1	84	26	9:52	1.1 Sprint	
Break								Volunteer Lunches Ready at 11:00
Open Top 30 Women QF	11:30	3	1.1	30			1.1 Sprint	
Open Top 30 Men QF	11:52	4	1.1	30			1.1 Sprint	
U20 Women QF	12:48	5	1.1	30			1.1 Sprint	
U20 Men QF	13:10	6	1.1	30			1.1 Sprint	
Awards	14:45							Cash, Medals, Merchandise
Official Training for Day 3	14:30		16:30				4 x 5 k red	Groomed and Signed
Team Captains' Meeting	17:30		18:30					Zoom Meeting