

COVID-19 SAFETY PLAN – 2020 Caledonia Nordic Ski Club Biathlon Time Trial

EVENT: 2020 Caledonia Nordic Ski Club Biathlon Time Trial

DATE: October 25, 2020

LOCATION: 8141 Otway Road, Prince George, BC

VENUE OWNER: Caledonia Nordic Ski Club (CNSC)

ORGANIZER: CNSC Biathlon Competition Committee

PURPOSE

The following plan outlines how the CNSC plans to safely run a time trial for the biathletes of the club in a COVID-19 environment that exceeds the Order of the Provincial Health Officer – Gatherings and Events

BACKGROUND INFORMATION

1. The COVID-19 Safety Plan for this event will be based on the Return to Sport Plan for biathlon – Phase 3; The "competition" component of the plan for biathlon is currently in development, so some sections of this document are based on what we expect to be in that plan. Link: <http://biathlonbc.ca/wordpress/wp-content/uploads/2020/09/Biathlon-BC-Return-To-Play-Plan-Phase-3-FINAL-live-links.pdf>;
2. Biathlon is an individual outdoor sport with no body contact;
3. Liability insurance coverage is provided by the National Sport Organization/Provincial Sport Organization;
4. The competition venue for all biathlon events occurs outdoors on the ski trails and biathlon range;
5. Participant numbers will not exceed the Gathering and Events Order of the Provincial Health Officer.



TERMS

- *Participants* – athletes/competitors, coaches and support personnel, officials/volunteers, and others attending the event;
- *Venue Owner* – occupier and operator of the Caledonia Nordic Ski Club;
- *Competition Venue* – area of CNSC set aside for the event;
- *Coaches and support personnel* – coaches, assistant coaches, parent helpers;
- *Event Organizer* – the Biathlon Competition Committee;

RESPONSIBILITIES

Caledonia Nordic Ski Club

1. Ensure COVID-19 safety precautions are met to ensure the health and safety of CNSC staff and volunteers;
2. Ensure the Biathlon Competitions Committee is aware of the requirements under the Gathering and Events Order of the Provincial Health Officer;
3. Ensure space is set aside that supports and ensures adequate space to host the event under COVID-19 safety precautions;
4. Provide washrooms designated for the event and separate from other activities of CNSC;
5. Obtain the information that contains attendees at the event and retain for minimum of 30 days;

CNSC Biathlon Competitions Committee

1. Will create an online race registration that collects registrant information and requests a COVID-19 assessment;
2. Provide a map of the venue (CNSC) marking off the perimeter of the competition venue for the time trial, including the entry and exit points;



3. Provide a Race Notice that will outline the special requirements in place for this event due to COVID-19, and discourage anyone that does not need to be on site from being there;
4. Appoint a Chief COVID Officer. This individual will also function as the Chief of Competition. Responsibility for the role includes:
 - a. Provide CNSC and the Biathlon Competitions Committee their COVID-19 plan for this event;
 - b. Provide oversight of the recommendations below and maintain a check list indicating they were done, and by who and when:
 - Ensure emergency protocols and designated-on site quarantine space(s) are in place as needed;
 - Ensure there is a central contact point for all participants for COVID-19 questions and concerns;
 - Ensure the Competition Secretary maintains a record of contact information for all participants in attendance at the event for notification and 'Health Authority' contact- tracing purposes;
 - Ensure the venue owner maintains a record of all venue staff for the duration of the event;
 - Ensure there is a system to notify all participants if there is a positive COVID-19 case reported during or immediately following the competition, and to inform Biathlon Canada and the event insurer for monitoring purposes (following external communications protocols);
 - Ensure coaches, officials and key volunteers are informed on COVID Safety Protocols.
5. The Biathlon Technical Building at the competition venue will house the race office, timekeeping room and the jury meeting room. Only authorized individuals will be permitted to enter the building and phase 3 guidelines for indoor spaces will apply (this includes physical distancing where possible, wearing masks, disinfecting equipment, etc.);
6. Signage, fencing, and marshalling will be used to keep participants in specific



zones (e.g., those that are arriving, warming up, starting, finishing, warming down, departing, supporting, etc.);

7. Fencing systems (net fencing, link fencing, V-boards, etc.) – installation, removal and transporting will be handled carefully and Personal Protection Equipment (PPE) will be used as necessary;
8. Venue equipment such as shovels, rakes, outdoor timing equipment, etc., will be assigned to one individual for the duration of the event when possible, and sanitized as appropriate throughout the event;
9. Team Captains' and similar necessary meetings (such as OC meetings) will be held virtually;
10. All equipment such as radios, drills, wax tables, video equipment or skis will be sanitized between users;
11. Installations and repairs (fences, V-boards, start/finish timing equipment, etc.) in the competition area will be setup by persons wearing PPE;
12. Physical distancing of 2 meters will be maintained for special Jury meetings, protests meetings, etc. and masks will be used when this is not possible;
13. The competition format for this event will be a Mass Start. The individual groups will be started in such a way as to minimize the number of athletes in the range at any one time;
14. The number of officials in the start and finish areas will be limited to the minimum number required, and face coverings will be worn by these individuals when physical distancing of 2 meters cannot be maintained. Officials on the range are able to spread out around the competition course to easily maintain the necessary physical distancing;
15. The person-to-person transfer of competition bibs will not be allowed. Paper bibs are being considered. If cloth bibs are used the athlete will remove their own bib after they cross the finish line and take it to a designated drop-off point. A



safe method of handling/washing the cloth bibs will be determined by the event organizers;

16. Each lane will have a mat which will be marked with a center line. The athlete will center their bodies on the center line when firing in the prone position. Range mat officials will monitor compliance. Mats will be wiped down in their entirety with disinfectant following the competition;
17. During the competition, ropes will be handled by officials only. Officials will handle specific lane ropes and ropes will not be used between users. Officials will put out and take down their own ropes, as well as pull their own ropes during use of the Range;
18. An individual will be assigned to setup, raise and lower the red/green and wind flags. The individual is required to clean their hands per the health authorities' guidelines before and after use;
19. Officials will be assigned to put up and take down paper, and paint targets. Persons assigned will use the supplied disinfectant bottle and disposable towel to spray and wipe staplers, paint tools, and paint cans after use;
20. Persons who enter and exit the storage container will use the supplied disinfectant bottle and disposable towel to spray and wipe points of contact, including but not limited to door handles, light switches, alarm key pads, and spray bottle handle. The used towel will be disposed of in a garbage container. The individual is required to clean their hands per the health authorities' guidelines entering and exiting.

Participants

1. All participants will be required to register online, sign a Participant Agreement and commit to using a Self-Assessment Tool before arriving and for the duration of the event. Participants will also be required to 'check-in' before accessing the competition venue;



2. Rifle maintenance will be done by the athletes before entering the venue;
3. Required to use designated portable washrooms adjacent to the range fence;
4. Athletes will be expected to arrive at the venue changed and ready to train or compete. They will be restricted to use the portion of the venue designated for the event and use only the space specified for their use;
5. Athletes will be required to bring their own rifles, ammunition, back packs, filled water bottles, food, cameras and other necessary equipment. Sharing of these items is not be permitted;
6. Warm up activities will be conducted outside where physical distancing is possible (i.e. warm up loops or a designated area near the stadium);
7. Physical distancing of 2 meters will be required at all times, including the warm-up area, start area, finish area, range, on course, and warm-down area;
8. Physical distancing of 2 meters will be maintained in communal areas;
9. Participants will carry face coverings with them at all. The face coverings will be used where physical distancing of 2 meters is not possible and when on the mats;
10. The number of athletes in the start area will be limited to the maximum number permitted by provincial 'return to competition' protocols for the sport of biathlon;
11. The person-to-person transfer of competition bibs will not be allowed. Paper bibs are being considered. If cloth bibs are used the athlete will remove their own bib after they cross the finish line and take it to a designated drop-off point;



12. Lanes are distanced 2.75 meters on center. During this competition, athletes will be assigned a specific lane to be used throughout the zero and competition. The athlete's rifle will remain on the range mat throughout the zero and competition.
13. Each lane will have a mat which will be marked with a centre line. The athlete will centre their bodies on the centre line when firing in the prone position.
14. Athletes will reload their rifle on their assigned mat; rifle racks are not to be used;
15. Coaches will bring their own scopes. Scopes are not to be shared between users;
16. Athletes will not be allowed to linger in the finish or warm-down areas. Once they have completed their race, they will exit the finish area, and once they have finished their warm-down they will exit the venue; [see below for award ceremony]
17. Athletes will be required to leave immediately after their warm-down (following their competition) and not linger, chat, or socialize within the competition area or at the competition venue.

POST COMPETITION CONSIDERATIONS

1. The awards ceremony will be conducted virtually or modified significantly to:
 - a) Limit spectators (including coaches, teammates and family). Only those individuals receiving an award will be present.
 - b) Accommodate for physical distancing and avoid person to person transfer of items (i.e. awards).
 - c) Allow for photo opportunities taking into consideration the above guidance.
2. Athletes, coaches, officials, volunteers and others attending the event will be encouraged to contact the Chief COVID-19 Officer if they test positive within 48 hours from the conclusion of the competition - so that the Officer can initiate the proper protocols.



The Caledonia Nordic Ski Club recognizes and acknowledges the local health authority, Northern Health, has the power and right to cease the 2020 Caledonia Nordic Ski Club Biathlon Time Trial if they deem it in the best interest of the public safety.

Angela LeFebvre
General Manager
Caledonia Nordic Ski Club

Date: _____

