

# INVITATION

## Biathlon BC Cup #2

January 4 to 6, 2019

Otway Nordic Centre  
8141 Otway Road  
Prince George, BC

Saturday (5 January 2019): **Individual Competition**

Sunday (6 January 2019): **Sprint Competition**

Sanctioned by:





**THANK YOU to these sponsors.**



**College of New Caledonia**  
BRITISH COLUMBIA • CANADA



**Stride & Glide**  
**S P O R T S**  
Prince George, British Columbia

**saveonfoods**





## Biathlon BC Cup #2

### WELCOME

Welcome to Prince George and the Otway Nordic Centre!

The Caledonia Nordic Ski Club (“CNSC”) welcomes visiting teams to Prince George. Located at the confluence of the Nechako and Fraser Rivers, Prince George is considered the northern capital of British Columbia. Enjoy the amenities and services of this thriving city or drive a few minutes and take in the beauty of pristine forests and spectacular wilderness.

CNSC, the Organizing Committee and the Otway Nordic Centre (“Otway”) community are excited to host you. Explore all 55 kilometers of cross country ski trails or strap on your snowshoes and embrace the adventure. Forgot your gear? Not to worry! The rental shop is open 9:00 am to 5:00 pm.

While unofficial training begins on January 4<sup>th</sup>, you are welcome to come earlier and explore Otway under the lights or the sunshine! Contact the Otway office (250-564-3809) to make arrangements for ski passes and use of the range. To use the range prior to Friday, January 4<sup>th</sup>, you will be required to identify a PAL-carrying Range Safety Officer for your team all people using the courses will be required to have a day pass.

Explore this winter community to the fullest! We look forward to seeing you again at the 2019 World Para Nordic Skiing Championships in February.

**Ian Hartley**  
**Competition Chief**





**COMPETITION VENUE**

Otway Nordic Centre, Prince George. Venue layout, course maps and stadium diagrams are available at the [Caledonia Nordic Ski Club](http://Caledonia Nordic Ski Club) web site.

**COMPETITION COMMITTEE and CONTACT INFORMATION**

Competition Chief	Ian Hartley
Chief of Course:	Al Witwicki
Chief of Range:	Tim Roots
Chief of Stadium:	Chelton VanGelovan
Chief of Timing:	Sonya Zurevinski
Competition Secretary:	Vacant
Technical Delegate:	Paul Collard

Please direct any questions regarding this invitation to Chief of Competition, Ian Hartley ([idhartley@gmail.com](mailto:idhartley@gmail.com)).

The Competition Office will be located at the east end of the main Rotary Lodge and will open Friday, January 4<sup>th</sup> from noon until 5:00 PM. Saturday, January 5<sup>th</sup> from 8:00 AM until 5:00 PM. Sunday, January 6<sup>th</sup> from 8:00 AM until 4:00 PM.

EVENT SCHEDULE January 4-6,2019				
DATE	COMPETITIONS	TRAINING/ ZEROING	MEETINGS / DRAWS	OTHER ACTIVITIES
Friday Jan 4		Un-official Training 14:00-16:00 (Range)	Team Captains Meeting And Draws 19:00 Rotary Lodge – Otway	
Saturday Jan 5	Individual Competition 11:00 Start – first class	Zeroing 10:00-10:50	Opening Ceremony 10:51 Stadium	Social and medal ceremony. 18:30 - 20:30 College of New Caledonia
Sunday Jan 6	Sprint Competition 10:00 Start – first class	Zeroing 09:00-09:50		Flower & Medal Ceremony in Stadium after all classes



**AWARDS/SOCIAL:** A social will be held on Saturday from 6:30 PM to 8:30 PM at the College of New Caledonia. Light refreshments will be served and the medals from the morning/afternoon events will be presented.

**MEDALS:** Biathlon BC - BC Cup medals will be awarded to all classes of competition according to Section 6.2 of the Biathlon BC Hosting Policy.

For all classes except Juvenile, Midget and Recreation, medals for the first three places will be awarded in classes with four or more competitors. In classes with three competitors, medals will be awarded for first and second place. In classes with two competitors, medals will be awarded for first place. In classes with one competitor there will be podium recognition only. In the Juvenile, Midget and Recreation classes participation awards will be awarded to all competitors, regardless of the number of competitors.

**CONCESSION:** Lunches will be available for purchase both Saturday and Sunday at Otway Nordic Centre, provided by Ohh Chocolat Café. ONE free meal ticket for each of Saturday and Sunday will be provided to each competitor at the time of bib pickup.

**REGISTRATION:** Register online at [Zone4](#) - no other method of registration will be accepted. Payment must be made by credit card.

Please send a registration by number for each club to Chief of Competition Ian Hartley ([idhartley@gmail.com](mailto:idhartley@gmail.com)) by Wednesday, December 27<sup>th</sup>. Include number of coaches and support staff, as well as an e-mail and cell number for receiving texts.

Fees are \$35 per competition for Juvenile and Midget classes. For all other classes, fees are \$40 per competition.

**DEADLINE:** **Monday, December 31, 2018 – 11:59 PM PT.**

**RULES:** The event is held in accordance to IBU Rules, and the [Biathlon BC Hosting Policy](#) (dated November 2018).





## **CANCELLATION POLICY:**

If the event is cancelled due to severe cold weather, three days before the event then refund of registration fees, less costs incurred, will be provided. If the event is cancelled on the competition weekend due to severe cold weather or force majeure, no refund of registration fees will be made.

## **ELIGIBILITY TO PARTICIPATE:**

Any member of Biathlon BC, Biathlon Canada or IBU registered competitor, in good standing, may participate. Proof of membership must be available.

## **DAY MEMBERSHIPS:**

1) A day membership is required for each single day of a biathlon related activity. For example, if you are participating in a two-day event, and you don't have an annual membership, you will be required to purchase two-day memberships.

2) Competing on a day membership makes you ineligible for official BC Cup points and selection to Biathlon BC Teams, Squads and sponsored camps. An annual athlete membership is required for that.

3) An athlete participating with a Day Membership at a BC Cup may only enter the Recreational Class except for Juvenile and Midgets who may compete in their respective classes with a Day Membership.

Please reference the [Biathlon BC website](#) if you plan on participating with a day membership.

## **CADET PARTICIPATION AT BIATHLON BC COMPETITIONS:**

Cadets are welcome to participate in BC Cups. If the cadet participates in a Cadet competition class, and is "under orders" and supervised by his/her cadet corps, then he/she does not need a Biathlon BC membership. However, if the cadet wants to compete in another class, other than the Cadet class they must purchase an athlete membership. If they want to participate in a Recreational Class they must purchase a Day membership if they do not have one of the athlete



memberships. Also, if the cadet wants to be eligible for one of Biathlon BC's teams or squads, then he/she must purchase an athlete competitive membership.

#### **RIFLE IMPORT REGULATIONS:**

Teams and individual competitors from outside of Canada must declare their rifles at the Canadian border, complete the necessary documentation, and pay the required fees when bringing rifles and ammunition into Canada. All athletes must register their own rifles and pay the applicable fee. Please refer to the government website at <http://www.cbsa-asfc.gc.ca/publications/dm-md/d19/d19-13-2-eng.html> for guidelines. To obtain a rifle permit application form, please visit <http://www.rcmp-grc.gc.ca/cfp-pcaf/fs-fd/visit-visite-eng.htm>.

**VISA REGULATIONS:** Passports are needed at all border crossings. Athletes under the age of 18 must carry a permission letter from their parents to cross the border and to travel with coaches.

**UNOFFICIAL TRAINING:** Please visit [Biathlon BC Cup #2](#) web page for the most up-to-date information on unofficial training procedures and requirements.

**WAXING:** Indoor wax facilities are available in the club house; however, space will be limited. Outdoor power outlets will be available for waxing; please bring your own tent, if desired.

#### **BIATHLON BC WAX POLICY:**

Biathlon BC respectfully requests all coaches, athletes, wax technicians and parents to abide by a self-governed policy while waxing skis for BC Cup competitions. This also applies to coaches, athletes, wax technicians and parents traveling to British Columbia from out-of-province or out-of-country.

##### **Waxing policy:**

- Structure tools ARE permitted.



- Non-Fluoro (NF) or Low Fluoro (LF) glide waxes ARE permitted.
- Medium Fluoro (MF) or High Fluoro (HF) or similar glide waxes are NOT permitted.
- Pure Fluoro glide waxes (powders, pucks, blocks and liquids) are NOT permitted.
- Cold weather powder additives and hardeners are NOT permitted.

The above waxing policy applies to the following races/age categories:

- At BC Winter Games: the wax policy applies to ALL age categories.
- At Biathlon BC Cup races (including the BC Championships) the wax policy applies to Junior B/G categories and younger, as well as the recreational categories.

If an athlete chooses to “race up” and compete in a different age category, the athlete is governed by the wax policy in place for the category into which they race up.

Adherence to this policy is self-governed and is the responsibility of coaches, athletes, parents and wax technicians.

## **Directions to the Otway Nordic Centre:**

Click on this [link](#) for a road map to the Otway Nordic Centre;

**Or:**

- From Highway 97S – left on 15<sup>th</sup> Ave, right on Ospika Blvd, right on Otway Rd
- From Highway 97N – right on 5<sup>th</sup> Ave, right on Ospika Blvd, right on Otway Rd
- From Highway 16W – left on Hwy 97, left on 15<sup>th</sup> Ave, right on Ospika Blvd, right on Otway Rd
- From Highway 16E – follow 1<sup>st</sup> Ave until Carney St, left on Carney, right on 5<sup>th</sup> Ave, right on Ospika Blvd, right on Otway Rd





## PRINCE GEORGE ACCOMMODATIONS

### Hotels / Motels

#### **Grama's Inn**

250-563-7174  
901 West Central St.

### Team rates (plus taxes)

special sports rate of :

- Standard Rooms 2 queen beds = \$88.00 + Tax
- Kitchen Units – queen bed with queen murphy bed or double sofa bed = \$93.00 + tax
- King Beds - \$102.00 + tax

The restaurant opens daily at 6:30 am serving the “best breakfast in town” and lunch specials.

Coin operated laundry on premise.

Let us know if you require storage and waxing areas for your skis

#### **Bon Voyage**

250-964-2333  
4222 Highway 16 West  
  
www.bonvoyageinn.ca

2 Doubles, \$75.00, 1 – 4 PERSONS  
1 Queen/Kitchenette, \$75.00, 1 – 2 PERSONS  
1 King Bed/Kitchenette, \$75.00, 1 – 2 PERSONS  
1 Bedroom Suite/Full Kitchen, \$90.00, 1–3 PERSONS  
2 Bedroom Suite/Full Kitchen, \$110.00, 1–6 PERSONS

All rooms are including a continental breakfast.

#### **Coast Inn**

250-563-0121  
770 Brunswick Street

Sport Rate can be booked at  
<http://coa.st/9gog>

#### **Marriot Hotel**

250-596-6274  
900 Brunswick Street

Sport Rate can be booked at this link  
[Book your group rate for Caledonia Nordic Ski Club](#)

Last day to book: December 14/18  
\$99 CAD per night



**CLASSES OF COMPETITION:** the following classes of competition will be run, depending on entries.

CATEGORY	AGE (as of 31 Dec 2018)	Distance for Individual	Individual Course	Distance for Sprint	Sprint Course
Men	22 +	20km	5 X 4 km –PSPS (Brown)	10km	3 X 3.3 km –PS (Blue)
Women	22 +	15 km	5 X 3.0 km – PSPS (Yellow)	7.5 km	3 X 2.5 km – PS (Green)
Junior Men	19-21	15 km	5 X 3.0 km – PSPS (Yellow)	10 km	3X 3.3 km – PS (Blue)
Junior Women	19-21	12.5 km	5 X 2.5 km – PSPS (Green)	7.5 km	3 X 2.5 km –PS (Green)
Youth Men	16-18	12.5 km	5 X 2.5 km – PSPS (Green)	7.5 km	3X 2.5 km – PS (Green)
Youth Women	16-18	10.0 km	5 X 2.0 km – PSPS (Red)	6.0 km	3 X 2.0 km- PS (Red)
Master's Men	50 +	7.5 km	5 X 1.5 km – PSPS (Orange)	6.0 km	3 x 2.0 km – PS (Red)
Master's Women	50 +	7.5 km	5 X 1.5 km – PSPS (Orange)	6.0 km	3 x 2.0 km – PS (Red)
Master's Men	35 +	7.5 km	5 X 1.5 km – PSPS (Orange)	6.0 km	3 X 2.0 km – PS (Red)
Master's Women	35+	7.5 km	5 X 1.5 km – PSPS (Orange)	6.0 km	3 X 2.0 km- PS (Red)
Senior Boys	15-16	7.5 km	5 X 1.5 km – PSPS (Orange)	6.0 km	3 X 2.0 km - PS (Red)
Senior Girls	15-16	7.5 km	5 X 1.5 km – PSPS (Orange)	6.0 km	3 X 2.0 km - PS (Red)
Junior Boys	13-14	6.0 km	4 X 1.5 km – PPP (Orange)	4.5 km	3 X 1.5 km – PP (Orange)
Junior Girls	13-14	6.0 km	4 X 1.5 km –PPP (Orange)	4.5 km	3 X 1.5 km – PP (Orange)
Juvenile B/G	11-12	4.0 km	4 X 0.75 km – PPP (Black)	3.0 km	3 X 0.75 km – PP (Black)
Midget B/G	10 and under	2.0 km	4 X 0.5 – PPP (Pink)	1.5 km	3 X 0.5 km – PP (Pink)
Sport Men	17 +	7.5 km	5 X 1.5 km – PSPS (Orange)	6.0 km	3 x 2 km – PS (Red)
Sport Women	17 +	7.5 km	5 X 1.5 km – PSPS (Orange)	6.0 km	3 x 2 km – PS (Red)
Recreation 1	16+	6.0 km	4 X 1.5 km – PSP (Orange)	4.5 km	3 X 1.5 km – PS (Orange)
Recreation 2	Open age, mixed gender	4.0 km	4 X 0.75 km – PPP (Black)	3.0 km	3 X 0.75 km –PP (Black)
Cadet Senior	15+, Mixed gender	6.0 km	4 X 1.5 km –PPP (Orange)	4.5 km	3 X 1.5 km –PP (Orange)
Cadet Junior	Under 15, Mixed Gender	6.0 km	4 X 1.5 km –PPP (Orange)	4.5 km	3 X 1.5 km –PP (Orange)

