



**B.C. Cups 7 and 8**

**March 19-21, 2010**

**BC CHAMPIONSHIPS**

**Caledonia Nordic Ski Club,  
Prince George, BC**

## **INVITATION**

**HOST:** Caledonia Nordic Ski Club.

**LOCATION:** Otway Nordic Centre, 8141 Otway Road, Prince George, BC

### **COMPETITION COMMITTEE:**

Chief of Competition:	John Neumann
Chief of Course:	Pierre Beaudry
Chief of Range:	Ed Tandy / Tim Roots
Competition Secretary:	Kirk Czechmeister
Chief of Timing:	Peter Martin
Volunteer Coordinator:	Lisa Gardiner
Technical Delegate:	Marie Skinner

### **EVENT SCHEDULE:**

#### **Friday March 19<sup>th</sup>**

14:00 - 16:00 unofficial training (No range opening, but course identified)

Captain's Meeting: 19:30 Rotary Lodge, 8141 Otway Road

#### **Saturday March 20<sup>th</sup> - B.C. Cup 7 (Mass Start)**

11:00 to 11:50 Zero

11:51 Opening Ceremony

12:00 Start (three start groups at ½ hr intervals to avoid congestion in the range)

18:00 Potluck banquet and awards (Rotary Lodge at Otway Nordic Centre)

#### **Sunday March 21<sup>st</sup> - B.C. Cup 8 (Sprint)**

9:00 to 9:50 Zero

10:00 Start

**ENTRY FEES:** \$20 per athlete per race – payable to “CNSC” .  
**- Participants at Pot Luck dinner are expected to contribute to meal (see registration form)**  
 Competition fees will be collected at Captains Meeting.

**DEADLINES:**

**Registration by number:** Coaches, please provide number of athletes, their sex and category, and support personnel attending by March 8, 2010 to Competition Secretary (kirkcz@shaw.ca)

**Registration by name and category:** All finalized Registrations, by Name and Category, are due by Monday March 15th, 2010 at 23:59 through the on-line process (<http://tinyurl.com/cnscreg>). No mailed, faxed, telephoned or in-person registrations will be accepted.

**INFORMATION & ON-LINE REGISTRATION:**

Please submit registration information using the following online registration link: <http://tinyurl.com/cnscreg>. Please complete an individual submission for each athlete.

**ELIGABILITY:** All competitors must be CURRENT members of Biathlon BC or equivalent Provincial or State organization. All BC competitors must provide a valid Biathlon BC membership number on the entry form. Competitors who do not have a valid Biathlon BC membership number or who cannot produce their Biathlon BC or equivalent membership card at registration will be required to purchase a \$5 day membership for each competition.

**CLASSES OF COMPETITION:** the following classes of competition will be run, depending on entries.

CATEGORY	AGE	MASS START	SPRINT
MASTERS	31+	7.5km PPSS	7.5km PS
MEN	21+	15.0km PPSS	10.0km PS
WOMEN	21+	12.5km PPSS	7.5km PS
JR MEN	19-20	12.5km PPSS	10.0km PS
JR WOMEN	19-20	10.0km PPSS	7.5km PS
YOUTH MEN	17-18	10.0km PPSS	7.5km PS
YOUTH WOMEN	17-18	7.5km PPSS	6.0km PS
SR BOYS	15-16	7.5km PPSS	6.0km PS

SR GIRLS	15-16	7.5km PPSS	6.0km PS
JR BOYS	13-14	5.0km PPP	4.5km PP
JR GIRLS	13-14	5.0km PPP	4.5km PP
JUVENILE	11-12	4.0km PPP	3.3km PP
MIDGET	10/under	3.0km PPP	3.3km PP
CADET/MALE		7.0km PPP	6.0km PP
CADET/FEMALE		7.0km PPP	6.0km PP
RECREATIONAL	M/F	5.0km PPP	6.0km PP

**RULES:** IBU Rules and Regulations unless specifically waived by the jury.  
Masters may elect to carry by a majority vote of competitors in the male and female categories.

**Selection criteria:** These are not selection competitions.

**Concession:** There is no concession at the Otway Nordic Centre

### **Directions to CNSC site:**

Use following link for map of site: <http://tinyurl.com/Otway-Nordic-Centre>

Or:

From 97S – left on 15<sup>th</sup> Ave, right on Ospika Blvd, right on Otway Rd

From 97N – right on 5<sup>th</sup> Ave, right on Ospika Blvd, right on Otway Rd

From 16W – left on Hwy 97, left on 15<sup>th</sup> Ave, right on Ospika Blvd, right on Otway Rd

From 16E – follow 1<sup>st</sup> Ave until Carney St, left on Carney, right on 5<sup>th</sup> Ave, right on Ospika Blvd, right on Otway Rd

### **B.C. Cups 7 and 8 Accommodation** **Prince George**

#### **Motels:**

**Carmel Motor Inn** 1-800-665-4484  
Victoria St. and Hwy 97 South

**Days Inn** 250-562-7072  
600 Quebec Street

**Esthers Inn** 250-562-4131  
1151 Commercial Cres.

**Gramas Inn** 250-563-7174  
901 West Central St.

#### **Team rates: (plus taxes)**

2 double beds - \$70  
quote “biathlon team rate”

2 queen beds - \$75  
quote “BC Biathlon Champs”

1 queen - \$89, 2 queen - \$99

2 doubles - \$76