



Jackrabbit Informer

November 2004

Welcome back to all returning Jackrabbits and hello to all new Jackrabbits.

Jackrabbit Classes

Leaders will phone in December to let you know which classes Jackrabbits have been assigned to. They will pass on additional information at that time about where to meet on the first lesson, as well as when it is your turn to bring cookies. For new Jackrabbits, cookies and juice are served after lessons. Each Tuesday class brings two dozen cookies for one of the lessons, Saturday classes bring one dozen cookies to two different lessons.

Cold Weather

Jackrabbits run in all weather conditions except cold weather. The following guide is used : lessons are cancelled if the temperature as shown on Channel 23, The Weather Network, is below -15 on Tuesday at 4:30pm and below -16 at 11:30am on Saturday.

Calendar of Events

	Tuesday	Saturday
Lesson 1	Jan 04	Jan 08
Lesson 2	Jan 11	Jan 15
Lesson 3	Jan 18	Jan 22
Lesson 4	Jan 25 (Torchlight)	Jan 29 (Marshmallow)
Lesson 5	Feb 01 (Time Trial)	Feb 05 (Time Trials)
Lesson 6	Feb 08	Feb 12
Lesson 7	Feb 15	Feb 19
Lesson 8	Feb 22	Feb 26

Jackrabbit Fun Day and Ski Tournament Mar 12

Lesson Times : Tuesday 6:30 - 8:00,
Saturdays 1:00 - 2:30.

Jackrabbit Ski League - Caledonia Nordic Ski Club

Tuesday Coordinator - Lanita Young 962-5634

Saturday Coordinator - John Neumann 963-7330

Registration - Gillian Recknell 562-5500

Safety

Introduce your child to their leader. Remind your child to stay with their group and follow their leader. Let them know where you will meet them after the lesson.

Membership

You have paid for membership; please have your child wear their pass. Wearing a pass encourages everyone to pay for skiing at Otway.

Distance Badges

Don't forget to keep a record of the distances you ski during the season (including December). Badges for skiing various distances will be awarded at the end of the season. Forms are handed out at registration and are also available on the Jackrabbit board.

BC Cup

On January 22 and 23 a BC Cup Race will be held at Otway. There will be a classic individual start race on day one and free technique race on day two. All age groups can enter. The Jackrabbit program will pay Jackrabbit entry fees to this event. We will be waxing with our Challenge group.

Jackrabbit Family Ski Tour

Come for a 5, 10, 15 or 20 km family ski at Otway on February 20, 2005. Registration cost includes lunch. Open to all families in Prince George - invite your friends and make it social. Jackrabbits also can earn badges.

Club Jackets

If you Jackrabbit is planning to attend one or more races, you may want to consider purchasing a club jacket for \$96.00. Contact John Neumann at 963-7330 to purchase. Jackets make great Christmas gifts too.

Parking

It is Club policy that no Jackrabbits park on the road. The parking lot has been extended and parking attendants are present to maximize use of the space. Please follow their instructions.

Parent information

The Jackrabbit Bulletin board is located in the cabin. Be sure to check it on a regular basis for notices. We also have club homepage where you can assess the club newsletter and Jackrabbit information. <http://www.CaledoniaNordic.com>

Leaders

We are always looking for new Jackrabbit Leaders and people who could be substitute leaders for when someone is sick. We provide leader training - this year the Introduction to Community Coaching is being held on Nov 12/13. Contact Lanita Young if you are interested.

Backcountry Ski Day

An excellent opportunity for blue/purple level Jackrabbits to get off the groomed trails for a day and earn a backcountry badge. Join us on February 13.

Canadian National Championships

Here at Otway February 27 to March 06! Another excellent opportunity for Jackrabbits to get out and take part in a high calibre racing event. Volunteers can earn badges as well.