



Jackrabbit Informer

November 2007

Welcome to all Jackrabbits new and old. For all returning Jackrabbits, you will notice a change in the skill levels achievements. CCBC has now completed the transition from the badge program to the Skill Development Program. The Bunnyrabbit Program is for children age 4-5, the Jackrabbit Program is for kids age 6-9 and Track Attack is for kids age 10-12. There will be a volunteer sign up sheet at the Open House and at the first Lesson nights to sign up volunteers for Cookies and Juice, one time events and the Jackrabbit Fun Day. We need your help, so please have a look and see how you can contribute. The position of Tuesday night coordinator is vacant and will need to be filled soon. This position is a helper to the Coordinator and would have to be present on Tuesday nights. It is also time for me to step down from organizing Jackrabbits by next year so the new Tuesday night coordinator would be an ideal candidate to take over the entire Jackrabbit program. There is also a big change to Cookie Night – we will now be collecting 5\$ from each child to cover the cost of cookies and now cookies will also include fruit. This year we are, again, attempting to construct a snow playground – this takes lots of volunteer effort – so if you can help out please let Lanita know. Any questions or concerns, please contact Lanita Young at gnlplus3@telus.net or 962-5634.

Jackrabbit Classes

Leaders will phone in December to let you know which classes Jackrabbits have been assigned to. All Jackrabbits will meet their group in front of the Lodge in the Stadium. Tuesday lesson are from 6:30-8:00 pm and Saturday lessons are from 1:00-2:30 pm. For new Jackrabbits, snacks and juice are served after each lesson upstairs in the Lodge. Rather than parents bringing cookies this year, there will be a \$5.00 charge to cover the provision of cookies and fruit. There will be a waxing demo

night on Jan 15 at 5:00 pm prior to the lesson for Tuesday night Track Attack and a waxing demo for Saturday Track Attack on Jan 19 just prior to the lesson at 12:30 pm. There will also be a waxing demo for Jackrabbit parents on Jan 12 during the lesson period from 1:30-2:30. This is an excellent opportunity for parents to learn how to properly wax their children's skis so they are prepared each time they ski. All parents welcome and the demo will take place in the waxing room in the basement.

Cold Weather

Jackrabbits run in all weather conditions except cold weather. The following guide is used: lessons are cancelled if the temperature as shown on Channel 50, The Weather Network, is below -15 on Tuesday at 4:30pm and below -16 at 11:30am on Saturday. If the lesson is cancelled, your leader will attempt to phone/email and notify you as soon as possible.

Calendar of Events

	Tuesday	Saturday
Lesson 1	Jan 08	Jan 12
Lesson 2	Jan 15(Waxing Demo)	Jan 19(Waxing demo)
Lesson 3	Jan 22	Jan 26
Lesson 4	Jan 29	Feb 02
Lesson 5	Feb 05	Feb 09(Winter Safety)
Lesson 6	Feb 12(Time Trials)	Feb 16(Time Trials)
Lesson 7	Feb 19(Torchlight)	Feb 23(Marshmallow)
Lesson 8	Feb 26	Mar 01
Family Ski Tour/Caledonia Loppet Feb 17.		
Jackrabbit Fun Day Mar 08		

Lesson Times: Tuesday 6:30 - 8:00, Saturdays 1:00 - 2:30.

Contact Information:

Saturday Coordinator - Lanita Young 962-5634 or gnlplus3@telus.net

Tuesday Coordinator -

Safety

Introduce your child to their leader. Remind your child to stay with their group and follow their

leader. Let them know where you will meet them after the lesson.

Membership

You have paid for membership; please have your child wear their pass. Wearing a pass encourages everyone to pay for skiing at Otway.

Caledonia Loppet

On February 17 the Caledonia Loppet returns to Otway. There will be a variety of distances so get out and enter! We encourage all Jackrabbits interested to participate. All age groups can enter. The Jackrabbit program will pay Jackrabbit entry fees to this event to encourage participation. This is a classic race and is a lot of fun whatever distance you choose to ski!

Jackrabbit Family Ski Tour

Come for a 5, 10, 15 or 20 km family ski at Otway on February 17. This year the Family Ski will be held in conjunction with the Caledonia Loppet. Registration cost includes lunch. All families welcome!

Club Jackets

If you Jackrabbit is planning to attend one or more races, you may want to consider purchasing a club jacket. Contact the office at 564-3809 to purchase. Jackets make great Christmas gifts too.

Parking

It is Club policy that no Jackrabbits park on the road. The parking lot has been extended and parking attendants are present to maximize use of the space. Please follow their instructions.

Parent information

The Jackrabbit Bulletin board is located in the cabin. Be sure to check it on a regular basis for notices. We also have a club homepage where you can access the club newsletter and Jackrabbit information. <http://www.caledonianordic.com>

Leaders

We are always looking for new Jackrabbit Leaders and people who can substitute for leaders who are sick or unable to attend. You are required to complete the Introduction to Community Coaching

and Community Coaching courses. We provide leader training at no cost to you if you volunteer with the Jackrabbit program for a two year minimum. This year the Introduction to Community Coaching is being held on Nov 09/10 and the Community Coaching is on Dec 14/15/16. Space is limited so call now if you are interested. Contact Lanita Young at 962-5634 for more information.

SKI LESSONS

FOR

JACKRABBIT PARENTS

TUESDAY EVENINGS (6:45PM)

SATURDAY AFTERNOONS (1:15PM)

**CLASSIC / SKATING
BEGINNER / INTERMEDIATE**

STARTING ON 2ND JACKRABBIT SESSION

TUESDAY JANUARY 15 or

SATURDAY JANUARY 12 2008

SET OF THREE LESSONS - \$30.00

**TO REGISTER FOR LESSONS OR FOR
MORE INFO.**

**CALL Carolyn at Otway Nordic Ski Centre
at 564-3809.**