



Jackrabbit Informer

November 2006

Welcome to all Jackrabbits new and old. For all returning Jackrabbits, you will notice a change in the skill levels achievements. CCBC is introducing a new Skill Development Program which will replace the old badge program. For those Jackrabbits already working on achieving all of the badge levels, they will be available for the next couple of years. For beginning Jackrabbits, you will start on the new Skill Development Program. Lots more information to come! If snow conditions permit, we may hold a bonus Jackrabbit session in December – we will let you know. Both Saturday and Tuesday night classes are looking for a volunteer(s) to monitor the cookies and make juice. Please contact Lanita if you would like to do this. I would also like to extend a huge THANKS to John Neumann and Gillian Recknell who have been involved with the Jackrabbit program for many years now and have moved on to other positions in CNSC. Look for John with the Challenge/Biathlon group and Gillian in the rental/office. Tina Sidorov and Linda Piovesan will be learning the ropes this year and taking over the Jackrabbit program next year. I am sure I will still be around somewhere!

Jackrabbit Classes

Leaders will phone in December to let you know which classes Jackrabbits have been assigned to. They will pass on additional information at that time about where to meet on the first lesson, as well as when it is your turn to bring cookies. For new Jackrabbits, cookies and juice are served after each lesson. Each Jackrabbit will be responsible for bringing 2 dozen cookies to one lesson night. The cookie schedule is at the end of this newsletter and will also be handed out on the first night of lessons. There will be a waxing demo night on Jan 16 at 5:00 pm prior to the lesson. This is open to all Jackrabbits with waxable skis and any parent wishing to know more about waxing their child's skis.

Cold Weather

Jackrabbits run in all weather conditions except cold weather. The following guide is used: lessons are cancelled if the temperature as shown on Channel 52, The Weather Network, is below -15 on Tuesday at 4:30pm and below -16 at 11:30am on Saturday. If the lesson is cancelled, your leader will attempt to phone and notify you as soon as possible.

Calendar of Events

	Tuesday	Saturday
Lesson 1	Jan 09	Jan 13
Lesson 2	Jan 16(Waxing Night)	Jan 20
Lesson 3	Jan 23	Jan 27
Lesson 4	Jan 30	Feb 03
Lesson 5	Feb 06(TorchlightSki)	Feb 10(Marshmallow)
Lesson 6	Feb 13(WinterSafety)	Feb 17
Lesson 7	Feb 20(TimeTrials)	Feb 24(TimeTrials)
Lesson 8	Feb 27	Mar 03

Family Ski Tour Feb 25 10:00am.

Jackrabbit Fun Day and Ski Tournament Mar 10

Lesson Times: Tuesday 6:30 - 8:00, Saturdays 1:00 - 2:30.

Contact Information:

Saturday Coordinator - Lanita Young 962-5634 or gnlplus3@telus.net

Tuesday Coordinator – Tina Sidorov 964-1308.

Registration – Tina Sidorov 964-1308.

Safety

Introduce your child to their leader. Remind your child to stay with their group and follow their leader. Let them know where you will meet them after the lesson.

Membership

You have paid for membership; please have your child wear their pass. Wearing a pass encourages everyone to pay for skiing at Otway.

Distance Badges

Don't forget to keep a record of the distances you ski during the season (including December). Badges for skiing various distances will be awarded at the end of the season. Forms are handed out at registration and are also available on the Jackrabbit board.

Caledonia Loppet

On February 18 the Caledonia Loppet returns to Otway. There will be a variety of distances so get out and enter! We encourage all Jackrabbits interested to participate. All age groups can enter. The Jackrabbit program will pay Jackrabbit entry fees to this event to encourage participation.

Jackrabbit Family Ski Tour

Come for a 5, 10, 15 or 20 km family ski at Otway on February 25, 2007. Registration cost includes lunch. Open to all families in Prince George - invite your friends and make it social. Jackrabbits also can earn badges.

Club Jackets

If you Jackrabbit is planning to attend one or more races, you may want to consider purchasing a club jacket for \$96.00. Contact John Neumann at 963-7330 to purchase. Jackets make great Christmas gifts too.

Parking

It is Club policy that no Jackrabbits park on the road. The parking lot has been extended and parking attendants are present to maximize use of the space. Please follow their instructions.

Parent information

The Jackrabbit Bulletin board is located in the cabin. Be sure to check it on a regular basis for notices. We also have a club homepage where you can access the club newsletter and Jackrabbit information. <http://www.caledonianordic.com>

Leaders

We are always looking for new Jackrabbit Leaders and people who can substitute for leaders who are sick or unable to attend. You are required to complete the Introduction to Community Coaching and Community Coaching courses. We provide leader training at no cost to you if you volunteer

with the Jackrabbit program. This year the Introduction to Community Coaching is being held on Nov 24/25 and the Community Coaching is on Dec 15/16 and 17. Contact Lanita Young at 962-5634 if you are interested.

Backcountry Ski Day

An excellent opportunity for blue/purple level Jackrabbits to get off the groomed trails for a day and earn a backcountry badge. Join us in February on a date to be announced for a day of skiing, lunch outdoors and lots of fun.

Cookie Schedule

Tuesday		Saturday
Bunnies	Jan 09	Jan 13
Green	Jan 16	Jan 20
Yellow	Jan 23	Jan 27
Orange	Jan 30	Feb 03
Red	Feb 06	Feb 10
Blue	Feb 13	Feb 17
Purple	Feb 20	Feb 24
Beginner Teen	Feb 27	Mar 03

If a lesson is missed due to cold, the group that was supposed to bring cookies will bring them the next lesson. Each Jackrabbit will bring 2 dozen cookies. Juice will be provided. Cookies and juice will be served in the basement of the new lodge.